



Environ Specific Facial and Skincare Treatments

Example typical costs per treatment are:

Rejuvenating Mini Facial (No Massage — 40 min)	£35.00
NEW Environ Treatments— For Looking 10 years Younger	
Environ Advanced Active Vitamin Treatment 90 min	£80.00
Environ Active Vitamin FACIAL (1 hr)	£45.00
Environ Skin Clearing (eg ACNE) (1 hr)	£45.00
Environ Frown Treatment (1 hr)	£55.00
Environ HydraBoost Moisture Enhancing Facial (1hr)	£50.00
Environ Body Sculpture—Cellulite & Skin Toning	£50.00
Environ Cool Skin Peel (Very New) (1 hr)	£65.00
Amber Ultimate Facial and back massage (2 hrs)	£70.00

Contact Amber Health & Beauty for an appointment, or see the Amber Price List for current information.

All items can be ordered by phoning or texting Adelia on 0794 138 2194. Many are in stock.

AHB Skincare Treatment Details

Amber Rejuvenating Mini Facial

Using active levels of Environ ingredients and vitamins, this treatment follows the lines of a more traditional Facial of pampering and relaxing, whilst improving the skin. The end result will leave your skin feeling fresh and lovely. This facial is suitable for anyone whether they are using Environ homecare products or not.

Advanced Active Vitamin Treatment

Packed with nourishing, anti-ageing ingredients, the Active Vitamin Treatment will leave your skin looking radiant and dewy. The freshest, most active forms of Vitamin A, C and Anti-Oxidants are driven deep into the lower layers of the skin using sound waves and small electrical pulses. This scientific approach stimulates Collagen to soften lines and improve elasticity, increase hydration and boost radiance. The Active Vitamin Treatment is suitable for all skin types and is particularly effective at addressing sun-damage, pigmentation, premature ageing, dryness, uneven skin tone and scarring with measurable differences after just one session.

The Frown Reduction Treatment

This highly effective treatment uses a special penta-peptide serum to target frown lines and achieve dramatic results. The unique combination of active ingredients is driven deep into the skin to soften lines and reduce muscle tension in the forehead helping to prevent new lines forming. The treatment targets the same chemical complexes as injectables without the associated risks.

HydraBoost Treatment

The perfect antidote to dry, lacklustre skin, this intensive treatment deeply hydrates while plumping and firming the skin. Based on Hyaluronic Acid, which holds 1000 times its own weight in water, it helps to reduce fine lines caused by dehydration and increase the plumpness of the dermis, resulting in moisturised, glowing skin.

Body Sculpture Treatment

This effective treatment is a great way to help smooth stubborn cellulite while firming and tightening the skin. The active ingredients in Environs Body Profile Gel are driven deep into the lower layers to assist in the reduction of the 'orange peel effect' on upper thighs and buttocks leaving skin smooth and hydrated.

Cool Peel Treatment

This is a brand new treatment from Environ. It is a revolutionary approach to peeling, unique to Environ, achieves incredible results without damaging the skin. Low strength Lactic Acid is used to reduce the skin's PH and triggers the release of growth factors, which creates tighter, smoother skin. It destroys bacteria, boosts hydration and removes the build-up of dead skin cells, helping to decongest the surface and smooth its texture. The Cool Peel is ideal for Clients with lines and wrinkles, rough or problem skin, sun damage and Rosacea.

Please note

- This treatment is not suitable for anyone using Roaccutane (or similar prescribed Vitamin A topical cream).
- Environ AVST Vitamin A cream needs to be used for a minimum of 3 weeks prior to using a peel.
- This treatment is recommended once a week for acne skin conditions until the acne is controlled followed by a rest period of 3 months.
- This treatment needs to be supplemented with an Environ home care system

Other Skincare courses of Specialist Treatment available are:

Collagen Stimulation Therapy™ (CST)

It's New, it's Here, Book Now for further Information

This is a cutting edge treatment that harnesses your body's natural powers of healing to tighten skin and achieve incredible results, without invasive surgery. The body responds to CST in the same way it would react to an injury. It is now accepted as one of the best treatments for Stretch Mark Reduction, but remember, the earlier Stretch Marks are treated, the better the results. The small amount of bleeding caused during treatment releases powerful growth factors which are part of a natural healing response, resulting in increased collagen and elastin production.

It is especially effective for addressing the visible signs of ageing as well as sun damage, scarring, slackened skin, stretch marks, uneven skin tone and dilated blood vessels. **Collagen Stimulation Therapy™** can be done on all areas of the face and body and is suitable for all skin types.

During this painless revolutionary procedure, our skincare professional will apply topical anaesthetic and will use a small instrument containing tiny 1.5 mm long needles to create thousands of microscopic channels in the lower levels of your skin. This causes a minimal amount of bleeding that stops within minutes. After the treatment our practitioner will cleanse your skin and apply nourishing vitamins A and C.

Introducing - Collagen Stimulation Therapy for the Body

This treatment is similar to the above, but uses 3mm long Needle Rollers. It is designed for the removal of Stretch Marks and Scar Tissue. It is very new and although our Therapist is qualified to perform the Treatment, we would prefer to delay recommending this type of treatment until more confidence in the process has been achieved by our Therapist. Clients are welcome to talk to Adelia, who will show before and after results, and advise a way forward, in conjunction with the IIAA (See <http://www.iaa.eu>) (and Environ in South Africa <http://www.environ.co.za>).

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Amber News and Up-coming Events

Special Amber Health & Beauty in conjunction with the **International Institute of Anti-Ageing (IIAA) - Skin Analysis Events** – Are set to Get Under the Skin of Women and Men in Plymouth. Are regularly being FINALISED so enquire NOW be quick.

Have you ever wonder how your skin compares to others of your own age or how you might look in a few years' time, without some serious intervention? A high tech skin analysis technique is coming to **Amber Health & Beauty (AH&B)** once again, bookings for the 2016 and even 2017 events taken NOW, that will reveal all that's good and bad about your skin.

Do you have questions or concerns about your skin? ...issues with dark circles? ...sun damage?...acne? ..scars? ...open and blockage pores? ...excess oiliness? You will find the solution for your problem skin at AH&B.



We are pleased to offer our Clients the opportunity to have their **skin analysed** with one of the most technologically advanced systems available today. This equipment is so advanced that plastic surgeons and dermatologists use it worldwide. "Visia" equipment (as seen on the BBC 1's "ONE SHOW") is the Computerised Photo Imaging Skin Analysis system which works by taking a series of photographs of your face and then microscopically examines key areas of your skin. Taking into consideration your age and lifestyle, the Skin Analysis Computer gives you a score for each of the key factors relating to your skin's condition and appearance. Also, it will accurately show you areas of sun damage, hyper-pigmentation, capillary damage, wrinkles and blocked pores. Our expert skin analysis advisor (from the iiAA) will identify goals for treatments, offer solutions to overcome niggling complexion concerns and take years off your appearance, without the need to go under the knife. The Environ Skin Advisor will be able to prescribe the appropriate salon and home care products for your skin condition to improve areas of

concern, dietary and lifestyle advice which are aimed at giving the individual clearer, more radiant, even toned, smoother and less lined skin.

Professional skin analysis advice can point out areas of concern and let you see what your skin will look like in 5 years time. This is a great opportunity to update your skincare or even get started for the first time - Environ and Jane Iredale Products are available to try and order on the day.

A £20.00 booking fee is required once your place and date is confirmed, but is redeemable against two (2) or more Skin Care products.

If you are interested, please indicate your preference. We are limited to 8 people per Event, so book now by talking to Adelia, so that you will not be disappointed.

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